



Parenting Programs & Workshops

Ontario Early Years Centre - Haliburton County

January to April 2012

A chance to connect with others and strengthen parenting skills.

Mondays



Highlands Parent-Child Mother Goose

Feb. 27 - May 7

For parents and children (newborn to 2.5 yrs) learning rhymes, songs and stories together. Join us for the 10 weekly sessions and enjoy a friendly and relaxed morning of fun and learning.

At Haliburton Early Years Centre

10:00 am to 11:00 am

(in partnership with Point in Time)

Tuesdays

Baby Mornings

Jan. 24 - Feb. 28

For parents with children under 1 year (older siblings welcome)

Weekly sessions for families with children under 1 year. Join us for a relaxed hour of information sharing around the unique & wonderful things taking place in your child's first year!

At Minden OEYC

10:00 am - 11:00 pm

(In partnership with Point in Time)

Wednesdays

Family Swim

TBA

Swim time is for families with infants to preschoolers that want to splish, spash and play together. \$30 per family to cover the 6 sessions. Please pre-register at 705-286-4625.

Pinestone Resort

1:00 pm - 2:00 pm or 2:00 - 3:00 pm

(in partnership with Pinestone Resort)



Family Math

Feb. 1 - Mar. 7

For parents with children 4 to 6 yrs

6 sessions to develop early skills that help children become excited about math.

At Archie Stouffer ES

5:00 pm - 7:00 pm

(in partnership with Archie Stouffer Elementary School)



Baby Massage

Mar. 21 - Apr. 4

For parents with infants

Relax and enjoy new ways to help your baby to sleep longer and deeper, reduce fussy times, colic, constipation and congestion through massage.

At the TBA Early Years Centre

2:00 pm - 3:00 pm

(in partnership with Point in Time)

Thursdays

Easy to Love, Hard to Discipline

Feb. 2 - Feb. 16

For parents & children newborn to 6 yrs

3 sessions to learn great life changing strategies to turn conflict into cooperation.

At Haliburton OEYC

1:30 pm to 3:00 pm



Play and Learn

Jan. 19, Feb. 2 & 16, Mar 1 & 15

Parents and children under 6 years enjoy activities, crafts, and musical circles. Gain tips and ideas around parenting challenges. Enjoy a healthy nutritional snack.

Wilberforce Lloyd Watson Centre

9:30 am - 12:00 pm

Friday

Fit Kids

Feb. 3 - March 2

For parents & children 2- 6 yrs

Enjoy a fun physical activity program that is sure to energize you and your child!

At the Minden Community Centre

10:00 am to 10:45 am

(in partnership with Township of Minden Hills)

Other

Meet the Nurse

Call centre for dates

Visit the Health nurse to find out how your child is growing. Have your questions answered and learn something new about your child's growth and development.

At the Minden & Haliburton Early Years Centre

10:00 am to 12:00 pm

(in partnership with HKPR District Health Unit)



Register at: Parent Education Department
705-286-4625 or oeycparented@bellnet.ca
Ask us about **transportation** and **childcare**
Dates subject to change based on number of registrations!