



# Reading Your Baby's Cues



Your baby may not be able to talk, but they can communicate to you through their body, verbal sounds, and responsiveness. Often times, parents may feel like a detective on a regular basis to try and figure out what their child needs. When you spend time with your baby, it will get easier. Keep in mind that your baby isn't trying to upset you, they are simply learning how to communicate their wants and needs.

Responding to your baby will help them to feel safe and secure. Even if you may not be completely sure of what your baby needs at that moment, building trust and a supportive relationship with your baby is an important role you have in their life. You can't spoil a baby by responding to their needs in a positive way.

Check out these links for more information about baby cues:

<https://raisingchildren.net.au/newborns/connecting-communicating/communicating/baby-cues>

<https://www.todayparent.com/baby/baby-development/reading-babys-cues/>

<http://www.sickkids.ca/pdfs/IMP/16099-IMPComfortingBabySummary08.pdf#:~:text=A%20Simple%20Gift%3A%20Comforting%20Your%20Baby%20Crying%20is,time%2C%20you%20try%20to%20comfort%20him%20or%20her.>

**Early ON**  
Child and Family Centre

**City of Kawartha Lakes & County of Haliburton**

Website: [www.oeyc.ca](http://www.oeyc.ca)

Instagram: [earlyon.ckl hc](https://www.instagram.com/earlyon.ckl hc)

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