

Rainy Day Outdoor Activities

EarlyON

Child and Family Centre



Rainy days provide children an opportunity to explore their world in a very different way than on dry days. Playing in the rain is a natural and necessary experience that will encourage cognitive skill development.



Wonders of Water

Rubber boots, rain suits and old clothes will help reduce stress when children are exploring their wet worlds.



Pull out the paint brushes and rollers so children can explore different ways to paint using rain water and mud.

Bring out the paints and now they can experience what happens when colours run and create transforming art projects.



Pretend cooking with mud can be as simple as a few bowls and spoons or as elaborate as a mud kitchen. Either one will offer your child a way to explore math and science in it's most natural form.

