

STROLLER WALK



Registration

Required

registration@oeyc.ca

FREE program!

Walk, Chat and Stay Fit !

Join us and other families with little ones in strollers for fitness & fun!
Each class will include walking fitness, balance, strength and flexibility throughout the walk.

Haliburton

September 12, 19, 26, October 3

Town Docks at Head Lake

10:30 am to 11:15 am



Program will run if it's light rain.

Check our website or Facebook for program changes.



United Way
City of Kawartha Lakes
Change starts here.