



For families with children under 15 months
★ (children need to be in a stroller or wagon for the walk)

Join us and other families with little ones in strollers for fitness & fun!
Each class will include walking fitness, balance, strength and flexibility
throughout the walk.

Friday Mornings
Sept 12, 19, 26
Haliburton
Head Lake Park
(Meet at the town docks)
10:00 am to 10:45 am



Weather permitting.
Check our website/Facebook
for any possible cancellations
before heading out.



EarlyON
Child and Family Centre